

Textbook Lists for the CACREP Core Curriculum Areas

In the context of its continuing effort to provide services to members of the counseling profession, the National Board for Certified Counselors (NBCC®) in 1997 conducted a survey to determine the most frequently used textbooks in counselor preparation programs.

Representatives of approximately 85 institutions having counselor preparation programs accredited by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP) provided lists of the textbooks required for their respective courses in each of the eight CACREP "Core Curriculum" areas. The results from this survey were then compiled by the NBCC®.

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No endorsement of the textbooks listed is expressed or implied by presentation in the following lists. The NBCC® and CCE provide this information only as a professional service to members of the counseling profession.

The textbooks listed in each CACREP Core Curriculum area following are presented in alphabetical order of the surname of the first / senior author. This presentation order is not intended to imply any prioritization or ranking of the textbooks listed.

Human Growth and Development

Bee, H. L. (1994). *Life-span development*. New York: Harper-Collins.

Carter, E. A. (1988). *The changing family life cycle*. New York: Gardner Press.

Corey, G. (1996). *Theory and practice of counseling and psychotherapy* (5th edition). Pacific Grove, CA: Brooks/Cole.

Fisher, C. B., & Lerner, R. (1994). *Applied developmental psychology*. New York: McGraw-Hill.

Ivey, A. E. (1991). *Developmental strategies for helpers: Individual, family, and network interventions*. Pacific Grove, CA: Brooks/Cole.

Kail, R., & Cavanaugh, J. (1996). *Human development*. Pacific Grove, CA: Brooks/Cole.

Lefrancois, G. R. (1996). *The lifespan* (5th edition). Belmont, CA: Wadsworth.

Miller, P. (1993). *Theories of developmental psychology*. New York: Foreman & Company.

Newman, B. M., & Newman, P. R. (1995). *Development through life: A psychosocial approach* (6th edition). Pacific Grove, CA: Brooks/Cole.

Peterson, J., & Nisenholz, B. (1995). *Orientation to counseling*. Boston: Allyn & Bacon.

Santrock, J. W. (1995). *Life-span development* (5th edition). Madison, WI: Brown & Benchmark.

Thomas, M. (1996). *Comparing theories of child development*. Pacific Grove, CA: Brooks/Cole.

Sullivan, H. S. (1953). *The interpersonal theory of psychiatry*. New York: Norton.

Social and Cultural Foundations

Atkinson, D. R., Morten, G., & Sue, D. W. (Eds.). (1993). *Counseling American minorities: A cross cultural perspective* (4th edition). Madison, WI: Brown & Benchmark.

Baruth, L. G., & Manning, M. L. (1991). *Multicultural counseling and psychotherapy: A lifespan perspective*. Columbus, OH: Merrill.

Brown, D., & Srebalus, D. J. (1995). *Introduction to the counseling profession* (2nd edition). Boston: Allyn & Bacon.

Ivey, A. E., Ivey, M. B., & Simek-Morgan, L. (1993). *Counseling and psychotherapy: A multicultural perspective*. Boston: Allyn & Bacon.

- Locke, D. (1992). *Increasing multicultural understanding: A comprehensive multi-cultural aspects of counseling series*. Newberry Park, CA: Sage.
- McGoldrick, M. (1982). *Ethnicity and family therapy*. New York: Guilford Press.
- Pederson, R. (1988). *A handbook for developing multicultural awareness*. Alexandria, VA: American Counseling Association.
- Ponterotto, J., Casas, J. M., Suzuki, L. A., & Alexander, C. M. (Eds.). (1995). *Handbook of multicultural counseling*. Newbury Park, CA: Sage.
- Sue, D. W. (1996). *A theory of multicultural counseling*. Pacific Grove, CA: Brooks/Cole.
- Sue, D. W., Ivey, A. E., & Pederson, P. B. (1996). *A theory of multicultural counseling and therapy*. Pacific Grove, CA: Brooks/Cole.
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- Sue, D. W., & Sue, D. (1990). *Counseling and the culturally different*. Somerset, NJ: Wiley.
- Vacc, N., Wittmer, J., & DeVaney, S. (1988). *Experiencing and counseling multicultural and diverse populations*. Muncie, IN: Accelerated Development.

Helping Relationships

- Axline, V. M. (1964). *Dibs in search of self*. New York: Ballantine Books.
- Carkuff, R. R. (1994). *The art of helping*. Amherst, MA: Human Resource Development Press.
- Cavanaugh, M. (1990). *The counseling experience: A theoretical and practical approach*. Prospect Heights, IL: Waveland Press.
- Corey, G. (1996). *Case approach to counseling and psychotherapy* (4th edition). Pacific Grove, CA: Brooks/Cole.
- Corey, G. (1996). *Manual for theory and practice of counseling and psychotherapy* (5th edition). Pacific Grove, CA: Brooks/Cole.
- Corey, G. (1996). *Theory and practice of counseling and psychotherapy* (5th

edition). Pacific Grove, CA: Brooks/Cole.

Corey, G., & Corey, M. (1992). *Groups: Process and practice*. Pacific Grove, CA: Brooks/Cole.

Cormier, L. S., & Hackney, H. (1995). *The professional counselor: A guide to helping*. Boston: Allyn & Bacon.

Corsini, R. J., & Wedding, D. (1995). *Current psychotherapies* (5th edition). Itasca, IL: Peacock.

Egan, G. (1994). *Exercises in helping skills* (5th edition). Pacific Grove, CA: Brooks/Cole.

Egan, G. (1994). *The skilled helper: A problem management approach to helping*. Pacific Grove, CA: Brooks/Cole.

Gilliand, B. (1989). *Theories and strategies in counseling and psychotherapy*. Englewood Cliffs, NJ: Prentice Hall.

Gibson, R. L., & Mitchell, M. H. (1995). *Introduction to counseling and guidance* (4th edition). Englewood Cliffs, NJ: Prentice Hall.

Gladding, S. (1995). *Counseling as a comprehensive profession* (3rd edition). New York: Macmillan.

Hackney, H., & Cormier, S. (1994). *Counseling strategies and interventions*. Boston: Allyn & Bacon.

Ivey, A. E. (1994). *Intentional interviewing and counseling* (2nd edition). Pacific Grove, CA: Brooks/Cole.

Kottler, J. (1990). *On being a therapist*. San Francisco: Jossey-Bass.

Nichols, M. (1995). *Family therapy*. Boston: Allyn & Bacon.

Sharf, R. S. (1996). *Theories of psychotherapy and counseling*. Pacific Grove, CA: Brooks/Cole.

Thompson, C. L., & Rudolph, L. B. (1996). *Counseling children* (3rd edition). Pacific Grove, CA: Brooks/Cole.

Group Work

- Corey, G. (1994). *Manual for theory and practice of group counseling*. Pacific Grove, CA: Brooks/Cole.
- Corey, G. (1996). *Theory and practice of group counseling*. Pacific Grove, CA: Brooks/Cole.
- Corey, G., & Corey, M. S. (1992). *Groups: Process and practice*. Pacific Grove, CA: Brooks/Cole.
- Corey, G., Corey, M. S., Callanan, P., & Russell, J. M. (1992). *Group techniques*. Pacific Grove, CA: Brooks/Cole.
- Donigian, J., & Malnati, R. (1987). *Critical incidences in group psychotherapy*. Pacific Grove, CA: Brooks/Cole.
- Gladding, S. (1995). *Group work: A counseling specialty* (2nd edition). Columbus, OH: Merrill/Prentice-Hall.
- Jacobs, E. E., Harvill, R. L., & Masson, R. L. (1994). *Group counseling: Strategies and skills* (2nd edition). Pacific Grove, CA: Brooks/Cole.
- Johnson, D., & Johnson, F. (1991). *Joining together: Group theory and practice skills*. Englewood, NJ: Prentice-Hall.
- Yalom, I. D. (1995). *The theory and practice of group psychotherapy*. New York: Basic Publishing.

Career and Lifestyle Development

- Brown, D., & Brooks, L. (1991). *Career counseling techniques*. Boston: Allyn & Bacon.
- Hecklinger, F. J., & Black, B. M. (1994). *Training for life: A practical guide to career and life planning* (4th edition). Dubuque, IA: Kendall/Hunt.
- Herr, E. L., & Cramer, S. H. (1996). *Career guidance and counseling through the lifespan*. New York: Harper-Collins.

Isaacson, L. E., & Brown, D. *Career information, career counseling, and career development*. Boston: Allyn & Bacon.

Sharf, R. (1992). *Applying career development theory to counseling*. Belmont, CA: Brooks/Cole.

Yost, E. B., & Corbishley, M. A. (1987). *Career counseling: A psychological approach*. San Francisco: Jossey-Bass.

Zunker, V. G. (1994). *Career counseling: Applied concepts for life planning* (4th edition). Pacific Grove, CA: Brooks/Cole.

Zunker, V. G. (1994). *Using assessment results for career development*. Pacific Grove, CA: Brooks/Cole.

Appraisal

Aiken, L. R. (1994). *Psychological testing and assessment* (8th edition). Boston: Allyn & Bacon.

Anastasi, A. (1988). *Psychological testing* (6th edition). Englewood Cliffs, NJ: Prentice-Hall.

APA/AERA/NCME. (1986). *Standards for educational and psychological testing*. Washington, DC: American Psychological Association.

Cohen, R. J., Swerdik, M. E., & Phillips, S. M. (1996). *Psychological testing and assessment: An introduction to tests and measurement*. (3rd edition). Mountain View, CA: Mayfield.

Corey, G. (1995). *Theory and techniques of counseling and psychotherapy*. Pacific Grove, CA: Brooks/Cole.

Cronbach, L. J. (1990). *Essentials of psychological testing* (5th edition). New York: Harper & Collins.

Drummond, R. J. (1996). *Appraisal procedures for counselors and helping professionals* (3rd edition). Englewood Cliffs, NJ: Prentice-Hall.

Gregory, R. J. (1992). *Psychological testing: History, principles, and applications*. Boston: Allyn & Bacon.

Hood, R., & Johnson, R. W. (1991). *Assessment in counseling* (2nd edition). Alexandria, VA: American Counseling Association.

Walsh, B., & Betz, N. (1996). *Tests and assessments*. Englewood Cliffs, NJ: Prentice-Hall.

Research and Program Evaluation

American Psychological Association. (1994). *Publication manual of the American Psychological Association*. Washington, D. C: Author.

Crowl, T. K. (1996). *Fundamentals of educational research* (2nd edition). Madison, WI: Brown & Benchmark.

Gay, L. R. (1996). *Educational research* (5th edition). Columbus, OH: Merrill.

Hadley, R., & Mitchell, L. (1995). *Counseling research and program evaluation*. Pacific Grove, CA: Brooks/Cole.

Heppner, P. P., Kivlighan, D. M., & Wampold, B. E. (1992). *Research design in counseling*. Pacific Grove, CA: Brooks/Cole.

Vockell, E. L., & Asher, J. W. (1995). *Educational Research* (2nd edition). Englewood Cliffs, NJ: Prentice-Hall.

Wiersma, W. (1991). *Research methods in education* (5th edition). Boston: Allyn & Bacon.

Professional Orientation

American Counseling Association. (1995). *Code of ethics and standards of practice*. Alexandria, VA: Author.

American Psychological Association (1994). *Publication manual of the American Psychological Association*. Washington, D.C: Author.

Brown, D., & Srebalus, D. J. (1995). *Introduction to the counseling profession* (2nd edition). Boston: Allyn & Bacon.

Corey, G. (1991). *Theory and practice of counseling and psychotherapy* (4th edition). Pacific Grove, CA: Brooks/Cole.

Corey, G., Corey, M. S., & Callanan, P. (1993). *Issues and ethics in the helping professions*. Pacific Grove, CA: Brooks/Cole.

Gladding, S. (1995). *Counseling as a comprehensive profession* (3rd edition). New York: Macmillian.

Herilhy, B., & Golden, L. B. (1989). *Ethical standards casebook*. Alexandria, VA: American Counseling Association.

Hershenson, D., Power, P., & Waldo, M. (1996). *Community counseling: Contemporary theory and practice*. Boston: Allyn & Bacon.

Huey, W. C., & Remley, T. P., (1988). *Ethical and legal issues in school counseling*. Alexandria, VA: American Counseling Association.

Peterson, J., & Nisenholz, B. (1995). *Orientation to counseling*. Boston: Allyn & Bacon.

Schmidt, J. J. (1996). *Counseling in schools: Essential services and comprehensive programs*. Boston: Allyn & Bacon.

Vacc, N. A., & Loesch, L. C. (1994). *A professional orientation to counseling* (2nd edition). Muncie, IN: Accelerated Development.